

## Eaquals International Conference

21 – 23 April 2016

#eaquals25

### Participants' information pack

#### On-site registration

You will need to register at the Eaquals registration desk on Thursday or Friday morning. You will receive your conference bag with the printed conference programme and your name badge. Please wear it throughout the event.

#### Registration desk

For any queries during the event the Eaquals staff at the registration desk will be there to help you.

The Eaquals Officers, Board and Accreditation Panel members and our conference assistants will all be wearing yellow lanyards on their badges so you can identify them easily. Don't hesitate to approach them for information.

#### Programme overview

##### Thursday 21 April

0800 – 1700	Registration at SANA Lisboa Hotel
0915 – 1245	Management training workshop Inspector professional development
1245 – 1400	Lunch
1400 – 1530	Management training Inspector professional development
1600 – 1730	The Eaquals Market Place
1600 – 1730	European Profiling Grid symposium
1800 – 1900	Reception at Camões, Instituto da Cooperação e da Língua, Eaquals Associate Member
1915 – 1930	Coaches from SANA Lisboa Hotel to Estufa Real
2000 – 2230	Informal dinner at Estufa Real

##### Friday 22 April

0800 – 1300	Registration
0900 – 1030	Discussion forum (Eaquals members only) Conference sessions (open to all)
1100 – 1300	Eaquals Annual General Meeting (Eaquals members only) Conference sessions (open to all)
1300 – 1415	Lunch & exhibition
1415 – 1530	Conference opening session
1600 – 1730	Elective sessions
1745 – 1830	Meet the Eaquals Board – reception for new members of Eaquals
1930 – 2000	Cocktail for all participants
2000 – 0200	Anniversary dinner & disco at SANA Lisboa Hotel

##### Saturday 23 April

0900 – 0945	Plenaries
1000 – 1100	Elective sessions
1130 – 1310	Elective sessions
1310 – 1420	Lunch & exhibition
1420 – 1515	Elective sessions
1545 – 1700	Plenary sessions
1700 – 1715	Conference close
2000 -	Social event – Cervejaria Trindade

#### Conference venue :

##### SANA Lisboa Hotel

Av. Fontes Pereira de Melo 8,  
1069-310 Lisboa, Portugal  
[www.lisboa.sanahotels.com](http://www.lisboa.sanahotels.com)

Contact : [info@eaquals.org](mailto:info@eaquals.org)

Mobile : +36703160016

#### Evening events

(pre-booking required for each):

- Informal dinner (21 April) at Estufa Real, the royal green house in the Ajuda Botanical Garden
- Anniversary dinner (22 April)

*If you haven't booked for any of the two conference dinners but would still like to join, let us know by e-mail.*

- Saturday evening at Cervejaria Trindade

*If you are planning to join add this dinner to your agenda in [Marcom](#)*

#### Special dietary requirements:

Email [info@eaquals.org](mailto:info@eaquals.org) if you didn't tell us during registration

#### Local information

**Time zone:** GMT+1

**Weather:** 16 – 18° mostly sunny

**Electricity:** 230/400 V (sockets comply with European standards)

**Money:** Euro (€). Credit cards are widely accepted.

**Smoking:** is prohibited in public places.

**National Emergency Number:** 112

### Tweeting or using Facebook?

use **#eaquals25**



## Your trip to Lisbon

### Getting from Lisbon Airport to SANA Lisboa Hotel



#### Underground

Lisbon Airport can now be reached directly by underground. The Airport Metro Station operates from 06:30 to 01:00. This connection takes you from the airport to the city centre (Saldanha) in about 21 minutes.

To get to SANA Lisboa take the red line to Saldanha then change to the yellow line to Marquês Pombal. Walk on Av. Fontes Pereira de Melo to the hotel.

Travel Tickets Carris / Metro: 1.40€; Tickets 24H: 6 €

*It required the prior acquisition of Electronic Card 7 colinas / Viva Viagem. Price: 0.50€*

### Useful Mobile Apps



[ANA Aeroportos de Portugal](#)



[Public transport in Lisbon](#)



#### Carris

Nº 744: Marquês Pombal – Aeroporto – Moscavide (every day)

Get off at Marquês Pombal and walk on Av. Fontes Pereira de Melo to the hotel.

Tickets (purchased on the bus): 1.80€; Travel Tickets Carris / Metro: 1.40€; Tickets 24H: 6€

*It required the prior acquisition of Electronic Card 7 colinas / Viva Viagem.. Price: 0.50€*



#### Shuttle - Aerobus

This service provides daily links between the main points of the city, the Sete Rios bus terminal and the Entrecampos and Cais do Sodré rail terminals.

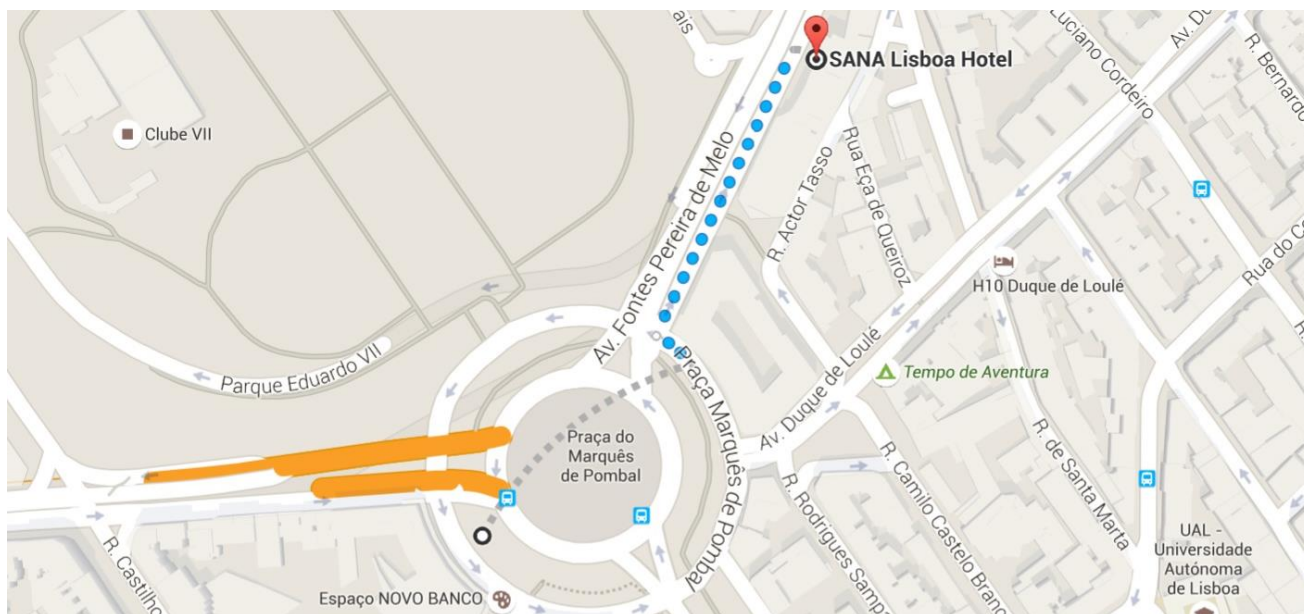
LINE 1 - CITY CENTER (Daily departures every 20 minutes)

Airport - Cais do Sodré: 7:00 - 23:20

Cais do Sodré - Airport: 7:40 - 23:00

From Cais do Sodré take the bus number 736 to Marquês Pombal and walk on Av. Fontes Pereira de Melo to the hotel.

Tickets: 24H AEROBUS PASS for adults: 3,50 €, ticket can be purchased on board, on-line or at the Lisbon Tourism counters in Arrivals public area. This ticket is valid for 24 hours on the Aerobus network (unlimited trips).





## Visiting Lisbon

### Highlights of Lisbon – in 50 minutes

The number 28 tram is the longest route in Lisbon, performing a loop in the east of [Baixa](#), Graça and [Alfama](#) before heading west to Estrela and Campo de Ourique. This first section is the favourite with most tourists, as the tram screeches through Alfama, passing the [Sé Cathedral](#) and the Santa Luzia viewpoint. The westward section is equally enjoyable and scenic, by passing through the Estrela district and terminating at the magnificent [Estrela Basilica](#).

### Not to miss – 3 hours in Lisbon

If your time is limited but you have half a day to see Lisbon here is a list, you shouldn't miss.

- Take a stroll in [Alfama](#) which is Lisbon's most emblematic quarter and one of the most rewarding for walkers and photographers thanks to its medieval alleys and outstanding views.

Because its foundation is dense bedrock, it survived the 1755 earthquake, and a walk through this old-fashioned residential neighbourhood is now a step back in time. It is a village within a city still made up of narrow streets, tiny squares, churches, and whitewashed houses with tile panels.

- Have a walk in the [Baixa](#) district which is the heart of Lisbon and was completely rebuilt after the devastating 1755 earthquake. The district comprises of magnificent plazas, which are connected by straight avenues lined with grand 18th-century architecture. When strolling on the streets of Baixa don't forget to see The Elevador Santa Justa and the ruins of Carmo church.
- From Baixa take the tram 15 to [Belém](#) which is synonymous with history and the Portuguese discoveries. It was from this historic location that the great adventurers set sail in their fragile caravels, on a mission to discover the world. The Mosteiro do Jerónimos (Jerónimos Monastery) and [Torre de Belém](#) (Belém Tower), both UNESCO World Heritage sites, are Manueline-style monuments, whose imposing architectural wealth transports us back to the heyday of the Portuguese Empire.

### A day out in Lisbon

If you have a whole day to explore the city of Lisbon, head straight to the [Belém](#) district and go inside the Jeronimos Monastery's church and cloisters, and admire the Discoveries Monument and Belem Tower. Once you are in the Belém area don't miss to visit the world famous [Antiga Confeitaria De Belem](#) and taste the delicious custard tart called "Pastéis de Belém".

- Take tram 15 to [Baixa](#) (downtown), walk from Comercio Square through Rua Augusta to Rossio Square before heading to [Alfama](#) and St. George's Castle for the late-afternoon glow over the city.
- Have a dinner and experience the night life in [Chiado & Bairro Alto](#).

### Bohemian Lisbon

**Bairro Alto** is a picturesque working class quarter dating from the 16th century that has traditionally been the city's bohemian haunt of artists and writers.

Its grid of streets is quiet during the day, but is transformed at night into the city's vibrant nightlife quarter.

Behind colorful and graffiti-ridden façades is a variety of traditional and international restaurants, tourist-packed Fado Houses, and a multitude of bars and alternative shops that stay open until late at night.

### Gastronomy

Gastronomy, wine, the simple act of sharing a meal or having a drink with friends are regular activities in Lisbon's daily routine.

Due to the city's proximity to the sea, the local gastronomy includes delicious fish and shellfish dishes, celebrated in the annual "Lisbon Fish Flavours" festival.

There are 1001 ways to prepare cod – all of them irresistible. In Lisbon, you'll also find the finest Mediterranean cuisine - including bread, olive oil, cheese, sausages and a wide variety of snacks.

In Lisbon, you'll find a wide variety of restaurants, ranging from traditional and typical taverns to sophisticated and international sites. Young and innovative chefs have reinvented Portuguese cuisine, with interesting and refined ways of preparing traditional Portuguese dishes. You'll also find amazing regional dishes in small taverns in Lisbon's charming old neighbourhoods - always in an extremely friendly environment. Whether you're looking for finesse, abundance, tradition or simplicity, Lisbon is the perfect place to have a meal.

The best way to take full advantage of the moment, is to combine your meal with Portuguese wines, from all regions and suited to all tastes. Due to the country's rich winemaking tradition, Portuguese people have the skill of choosing the right wine for the right dish. And to round off the rich and varied gastronomy, soak up the local atmosphere.

Discover cafés that serve as a meeting point and sample some of the excellent local sweets and pastries, including the famous custard tarts – "pastéis de Belém".